Watertown
John Trumbull Trot 5K Road Race
Saturday, June 1, 2013

SPONSORS! Sponsors are needed, please consider making a donation!! Sponsorships of $125 or more will be recognized at the Harvest Ramble Run! Sponsorships must be received by May 17, 2013 to be advertised. Make payable to Watertown Recreation Department. This race is part of the Watertown Cup Series.

Location: Start/Finish location at **Veterans' Memorial Park, Nova Scotia Hill Rd, Watertown, CT**

Course: 5K of scenic route, relatively flat, with a few hills after 2 mile mark. Course map will be provided at registration confirmation and day of the race.

Information: Contact Watertown Recreation @ 860-945-5246; Fax 860-945-4734. Pavilion and rest rooms.
Kids' Fun Race—7:45 am Road Race—8:00 am

Entry Fee: Pre-Registration—$15; must be received by Friday, May 31, 2013
Race Day Registration—$20 Register for **All 4 Races** in 2013—$50
Students through high school—$10 all the time
Walkers—$5
Kids Fun Run (10 yrs old and under) —$3
Registrations the day of the event begin at 7:00 am at the park

Giveaways: Will be given out to the first 50 runners registered.

Awards: Watertown Student and Resident (male/female), 1st, 2nd, & 3rd male/female for 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over.

Benefit: Proceeds from this year's race will benefit Watertown recreational activities.

WAIVER: In consideration of acceptance of this entry, I the undersigned intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against, the race director and officials, the Harvest Ramble Run, the Town of Watertown, their representatives, any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in said event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, including high heat and humidity, extreme cold or wind, rain, traffic and the condition of the road. All such risks being known and appreciated by me, I attest and verify that I am physically fit and sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purposes without compensation or remuneration. I know that bicycles, in-line skates and skateboards are not allowed on the course.

From Hartford: Take I84 W to Exit 20 and merge right onto Rte 8 North. Take Exit 37 and turn left at end of ramp onto Frost Bridge Rd (CT-262). Go 1.6 miles, the turn right onto Buckingham Street (CT-262) for 1.0 mile. Turn right onto Nova Scotia Hill Rd. Go 0.4 miles and turn right into the park. Registration is in pavilion on left.

Send completed entry form with check or money order payable to:
Watertown Recreation Department

Send to:
Watertown Recreation Department
61 Echo Lake Road
Watertown, CT 06795

From Torrington: Take Rte 8 South to Exit 38 (US-6) exit toward Watertown, go approximately 3.3 miles on Route 6, then turn left onto Buckingham Street (CT-262). Go 0.3 miles then turn left at blinking light onto Nova Scotia Hill Rd. Go 0.4 miles and turn right into the park. Registration is in pavilion on left.

CUT HERE and return bottom portion ONLY

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John Trumbull Trot 5K Road Race; Saturday, June 1, 2013

Name:_____ **Pre-registration Adult**: $15_____ **All 4:** $50_____

Street:_____ **Day of Race: Adult**: $20_____

City, State, Zip:_____ **Student**: $10_____

Phone: _____ **Walker**: $5_____

Email Address:_____

Please Circle: Male/ Female **Age**:_____ **Kid's**: $3_____

Signature:_____ **Dated**:_____
(Parent/Guardian if under 18 years of age)

Please Circle Shirt Size: Adult Medium Adult Large Adult X-Large